

A COURSE FOR FORMATORS



DENAHALAYA
Institute of Formation and Counselling
Punnapra, Alappuzha

offers

Two Year Diploma in
FORMATIVE SPIRITUALITY AND
PASTORAL COUNSELLING

together with

M.A. in Clinical Psychology
(IGNOU)

Admission Started

Danahalaya, a centre dedicated to the formation of formators and the facilitation of psycho-spiritual integration among the priests and the religious, is launching a new Masters level programme clubbing the Diploma programme of Danahalaya with the M.A. Clinical Psychology of a recognised university. The students will simultaneously register for the MA in clinical psychology of IGNOU and the Diploma in Formation of Danahalaya and pursue the formation and courses at the Institute. This programme aims at equipping those in the facilitating ministry to profit the fruits of recent psychological researches integrated with Christian anthropology. As Pope John Paul II said, “the discoveries and achievements purely in the fields of psychology and psychiatry are not capable of offering a truly complete vision of the person. They are not capable of resolving on their own the fundamental questions concerning the meaning of life and the human vocation”. Therefore Danahalaya is keen to emphasise an integration of scientific insights of psychology with a sound Christian anthropology.

Ourt Highlights

- Regular course with classes from Monday to Friday
- Personal therapy sessions for each participant (VGS)
- Clinical experience in the formative, clinical, and school settings
- An integral programme which suits pastors, formators, teachers, and anyone who intends to work in a facilitating or helping position

Course format

In addition to the 12 papers of MA Clinical Psychology IGNOU, Danahalaya introduces Christian Anthropology and its applications in 12 modules in two years (4 semes-

ters). (They are organised in such a way that they will not overburden the students)

- ❖ Anthropology of Christian Vocation
- ❖ Human Development in Christian perspective
- ❖ Personality Styles and Attachment patterns
- ❖ Moral Development and Psychology
- ❖ Ethics in Psychology and Formation
- ❖ Family Psychotherapy and Christian values
- ❖ Psycho-sexual integration and Celibacy
- ❖ Different therapies like REBT, Gestalt, AMR, TA, NLP
- ❖ Dynamics of Religious/Community life
- ❖ Psychodynamic Psychotherapy and Accompaniment
- ❖ Spirituality of consecrated and priestly life
- ❖ Spiritual discernment and Spiritual Direction

Eligibility

- ❖ A govt recognised degree in any discipline
- ❖ Basic theological formation
- ❖ Sufficient intellectual as well as emotional maturity to pursue the programme offered

Why should I apply for this course?

- ❖ This is a unique course with personal accompaniment and individual therapy of the participants. A good therapist is one who has recognised his own psychodynamics.
- ❖ Today's pastoral needs urge us to seriously consider the application of contemporary psychology in pastoral work
- ❖ The field of formation demands more expertise in understanding individuals
- ❖ A Christian counsellor needs more than secular psychology. Only a person who can respect the biblical image of the human person can lead another to an integral cure and growth.

Course Fee

- ❖ Rs. 75000 rupees per year for the courses and Vocational Growth Sessions (personal psychotherapy), food and accommodation at Danahalaya. (Registration for IGNOU excluded).

How to proceed?

- ❖ Download the application form from our website and send it along with a DD for Rs. 200
- ❖ Last date for submitting the application form: 15.05.2020
- ❖ Course begins on 15.06.2020

NB: * One Year Residential course from 15th June 2020 to 15th March 2021

* Short Course for formators from May 4th to 24th, 2020

For applications, please contact:

Rev. Fr. Tijo Pthalil
Director

Danahalaya, Punnapra, 688004, Kerala, S. India
Ph. 0477-2287808, 9747835772

The applications can be downloaded from our site:
www.denahalaya.com, danahalaya@gmail.com



engaged in counselling ministry by organising a two week crash course on counselling. The course will cover the areas of “Theories of Counselling”, “Counselling Skills”, REBT and Personal and Group Therapy.

(Fees Rs. 9000)

Other Services

• **Counselling and Psychotherapy:**

Denahalaya is open to all persons for counselling, psychotherapy, and consultation. Individual, Family, and Group psychotherapy and counselling are offered at this centre.

• **Individual Therapy and Spiritual**

Direction to priests and the religious.

• **Vocational-Motivational Assessment:**

(MAAP)

This programme is intended for priestly and religious candidates for helping them discern their vocational motivation. The Rectors or Formators can contact Denahalaya to organise such programmes.

IGNOU Study Centre

Denahalaya Functions as study centre of Indira Gandhi National Open University (IGNOU)

The Course available are:

- Master of Arts in Psychology
- Master of Science in Counselling & Family Therapy
- Certificate in Guidance

**Please Contact
for Registration:**

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Denahalaya, Punnapra
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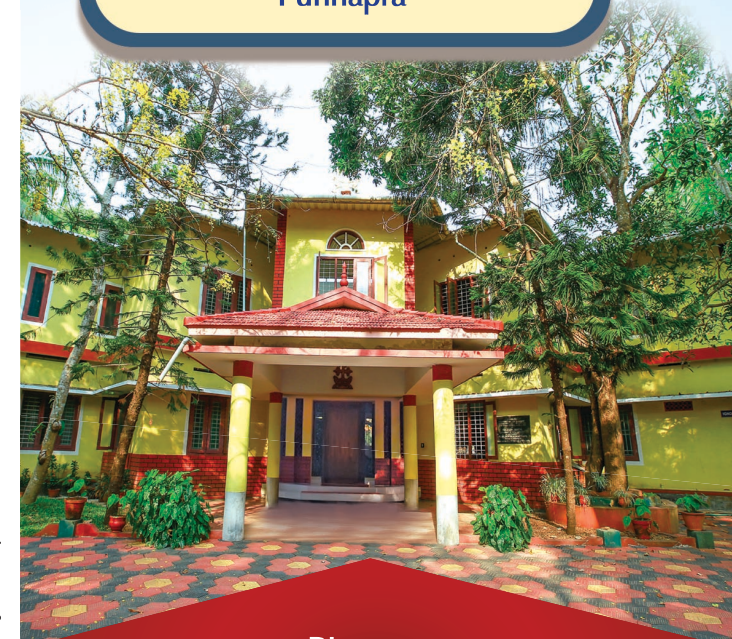
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PROGRAMMES 2020-2021



DENAHALAYA
Institute of Formation & Counselling
Punnapra



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Denahalaya, Punnapra, a venture of the Archdiocese of Changanacherry, is an institute dedicated to the formation of the formators founded by Late Rev. Dr. Thomas Thyparampil who was the Director of NVSC, Pune for 12 years, and the Director of Denahalaya for 19 years.

Two year Master Level Course in Formation and Clinical Psychology (MAPF VII)
15 June 2020 to 30 June 2022

Denahalaya aims at giving professional formation to those who aspire to engage in formatory roles such as formators, superiors, teachers, counsellors and therapists.

- The Master level course intends to equip them with an integrated vision of clinical psychology from a Christian formatory perspective.
- The students will simultaneously register for M.A. Psychology (Specialization Clinical) (IGNOU) so that they can obtain a nationally recognised Post-graduate degree.
- Together with this course, they will follow 12 modules of courses based on Christian anthropology and formation.
- The students will be given personal Vocational Growth Sessions as well as clinical experience in different institutions.
- They will learn five different therapies like NLP, AMR, Gestalt, REBT, and Psychodynamic Therapy.

- This course aims to develop the skills of diagnosis and psychotherapy mainly from a psychodynamic perspective.

Total seats: 15 (10 Sisters and 5 Priests)

One Year Residential Course for Formators (CFC XXVI)
15 June 2020 to 15 March 2021

CFC course is the special programme of Denahalaya designed for those in facilitatory positions, and people who serve others – they may be formation personnel (religious & priestly formators), superiors, spiritual guides, or those in any helping position, those currently engaged in such work, or aspiring to do so. The course deals with the skills and theories aimed at making the participants in both assessment and accompaniment of the future students.

- The students will be given personal Vocational Growth Sessions as well as clinical experience in different institutions.
- They will learn five different therapies like NLP, AMR, Gestalt, REBT, and Psychodynamic Therapy.
- This course aims to develop the skills of diagnosis and psychotherapy mainly from a psychodynamic perspective.

Total seats 20

Short Course for Formators
May 4 - May 24, 2020 (three weeks)

This is a three week course specially designed for formators. It attempts at dealing with the question of how freedom to respond responsibly to one's vocation is hampered by certain internal psychological blocks that can affect his or her motivation. The course deals with the issue of facilitating psycho-spiritual growth by healing and growth-oriented helping techniques of counselling and spiritual direction.

The course comprises:

- Models of Formation
- Anthropology of Christian Vocation
- Psychopathology
- Personality Styles
- Relationship patterns
- Diagnostic tests
- Community Dynamics
- Counselling skills

(Fees Rs. 12000)

Short Course on Counseling
April 19-29, 2020

Counselling is a science and art that needs to be mastered in a scientific way. Denahalaya offers its expertise for those