



# DIFAC NEWS

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## Message



Denahalaya, a centre for psycho-spiritual integration and renewal, aiming at forming the formators, helping the helpers and caring for the caregivers by its spiritual atmosphere, reflective environment and rejuvenating programmes of learning and personality assessment, is well appreciated by everyone. The Archeparchy of Changanassery always feels proud of the various formative activities and programmes held by this Institution. COVID- 19 pandemic continues to challenge and threaten all of us in every aspect of our life. It is praiseworthy that Denahalaya is publishing a newsletter in this hard situation. It will serve, I hope, the people to know about the current activities of Denahalaya. I wish God's abundant blessings upon Denahalaya, especially those behind this timely initiative.

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† **Joseph Perumthottam**  
Metropolitan Archbishop of Changanacherry & Patron, Denahalaya Institute of Formation

## DIFAC-DENAHALAYA INSTITUTE OF FORMATION & COUNSELLING

*A place for integrated formation and training for priests and the religious*



**Denahalaya**- a centre for facilitating psycho-spiritual growth is also a place for integrated formation and training for priests and the religious. As it is a formation centre, it joins in the work of the Father, who, through the Spirit, fashions the inner attitudes of the Son, in the hearts of young men and women. Denahalya offers: **One Year Residential course(Diploma) for Formators, Two Year diploma course in Formation and Clinical Psychology and Certificate in Guidance (CIG)** joining hands with IGNOU University, for the students.

## INAUGURATION OF THE ACADEMIC YEAR:



*Lighting of lamp and the inaugural address by Rev. Dr. Thomas Padiyath*

The new academic year 2020 was fruitful for Danahalaya. The academic year began on 15, July 2020 with 31 students. Out of the 25 students, there were 6 priests from the Archdioceses of Changanassery and Thrissur, Diocese of Tamarassery and Idukki and CSsR congregation. 19 sisters from different religious congregations - CMC,

FCC, SD, Charity, ASMI, LSDP, LWSH, Caritas, FIH, SVC, RSC, FSSE and FSHA. The official inauguration took place on 20, July 2020 with the welcome speech by Rev. Fr. Tijo Pathalil, the Director of Denahalaya, Institute, lighting of the lamp and inaugural address by Rev. Dr. Thomas Padiyath, Vicar General of Changanassery Archdiocese.

## Message



Denahalaya Institute of Formation and Counselling, Alappuzha is completing its 29<sup>th</sup> year of service to the church in India through its unique formation programmes for future formators of priests and the religious. Founded by Late Fr. Dr. Thomas Thyparampil, a great visionary who always dreamed of imparting quality formation to our clergy and the religious, the institute aims at a healing experience which enables the students to witness to the Lord with interior freedom and meaningful life experience. The personal growth encounters called Vocational Growth Sessions, a unique feature of our formation, caters to liberating the person from the wounds inflicted during one's developmental history and inspiring him/her to solid spiritual relationship. I am happy and proud to be part of the faculty of this great institute from which the Church expects more and more fruitful interventions

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† **Thomas Tharayil**  
Auxiliary Bishop, Archeparchy of Changanacherry & President, Denahalaya Institute of Formation

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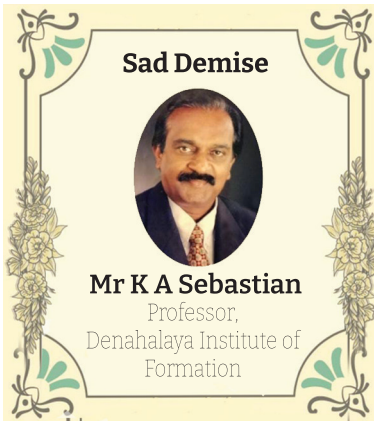
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**COURSES AND CLASSES**



This Institute provides different courses for deepening self knowledge and awareness and growth in Vocational experience. Besides self knowledge, it is helpful to motivate for a meaningful life. The Institute makes available different therapies like - AMR, REBT, NLP, and Gestalt for the development and integration of personality. Around 30 different courses are provided during these 10 months of course for the participants. The classes are more experiential and practical than theoretical, engaged by professors and those proficient in concerned fields.



**DENAHALAYA INSTITUTE OF FORMATION AND COUNSELLING**

Punnapra, Alapuzha, 688004 Ph. 0477-2287808, 9747836772

Denahalaya gives professional training to those who aspire to engage in formatory roles such as formators, superiors, teachers, counsellors and therapists.

**Admission started for the following courses**

- Two year Master Level Course in FORMATIVE SPIRITUALITY AND CLINICAL PSYCHOLOGY (MFSP VIII)  
Scheduled for July 05, 2021 to March 30, 2023
- One Year Residential Course for FORMATIVE SPIRITUALITY AND PASTORAL COUNSELLING (FSPCXXIX )  
Scheduled for July 05, 2021 - March, 15, 2022

Apply online - [www.denahayalaya.com](http://www.denahayalaya.com)

**LIBRARY**



Libraries are important and other areas of study. This facility is very helpful for the participants to prepare their dissertation, research papers, assignments and also for self study.



**PSYCHO SPIRITUAL INTEGRATION**



The purpose and the ultimate aim of all the programmes of Denahalaya is to enable the individuals to attain spiritual growth. In order to achieve this intention, besides the academic classes, the Institute had arranged monthly recollections and confessions. Priests from the Archdiocese of Changanassery and IMS Retreat centre have given talks on these days. The reflections of the Word of God during the Holy Mass, divine office and daily meditations were nourishments for the members to grow deep in spiritual life. There was a zoom meeting arranged by the Archdiocese of Changanassery as a part of 'consecrated day celebration'. Rev. Dr. Thomas Padiyath Vicar General of the Archdiocese welcomed all the Zoom participants and the keynote address was given by the chief guest Mar Joseph Perumthottam, the Archbishop of Changanacherry.

## CELEBRATIONS

**Onam** was celebrated with all gaiety at Danahalaya. We arranged 'flower mandalas' representing smaller parts of a greater globe, as well as 'Pookkalam', 'Nila Vilakku' and also decorated the auditorium well. Maveli Mannan was given a grand welcome with Onappattukal and Thiruvathirakali. Games like musical chair, putting the shot, dumsharaz were also arranged and we had a very delicious Onamsadya.



**Christmas** celebration became memorable with solemn Holy Mass, themeful crib and decoration of the premises with glitters and Christmas tree. Carol songs were sung, dance

was performed, tablo, speech by Director were part of the celebrations. One of the students dressed up as Santa Claus paraded through the crowd and gave gifts to all. Danahalaya welcomed New year 2021 with solemn Mass, cake cutting, and colourful programmes.

One of the special events of this year was the Silver Jubilee Celebration of the Administrator Rev. Sr. Lismary SABS. Solemn Mass, cultural events and grand dinner party were part of the celebrations.



The **74<sup>th</sup> Independence Day** was celebrated with great enthusiasm and patriotic fervour by the staff and students of Danahalaya.

The day began with a ceremonial march past by the students to the rhythm of the drum beats. Soon after this, the National Flag was hoisted by the Director Rev. Fr. Tijo Pathalil. The Director delivered an impressive speech focusing on patriotism and the spirit of "UNITY IN DIVERSITY". The 72<sup>nd</sup> Republic Day was celebrated with great éclat by unfurling the National flag followed by National Anthem and patriotic songs. Resident professor Rev. Fr. Manuel Karimpanackal MST delivered an informative speech on the importance of Republic Day. Speeches by students were also there on these occasions.

## COVID-19 PANDEMIC

The Institute has taken all efforts and precautions to continue the regular courses during the Covid 19 pandemic. It remained closed from 16th March, 2020 to 15th July, 2020 when the Government of India announced a countrywide lockdown as one of the measures to contain the COVID-19 outbreak. Keeping in mind the uncertainties of future due to COVID-19 pandemic and its impact on the functioning of Institute, Denahalaya made a plan to reopen the campus on 15 July 2020 ensuring safety, health and well-being to all students and staff. Admissions were done in online mode. While reopening the Institute, safety measures were taken such as including sanitisation of premises, thermal screening, ensuring physical distancing, face-cover/mask wearing, respiratory hygiene and hand-hygiene etc. In the month of December, Dehalaya community faced a serious risk when two of our day Scholars got infected. By the Grace of GOD, they recovered. After two weeks' quarantine by all concerned and undergoing necessary tests, we continued the courses.

## EXPOSURE PROGRAMMES



- ✘ Personality Assessment Programmes in Kurichi Minor Seminary, Archdiocese of Changanassery.
- ✘ Internship for IInd year M.A. Clinical Psychology students in Mother Theresa Rehabilitation Centre, Nedumkunnam.
- ✘ Vocational Growth Sessions (Every Sunday) at Niranam Seminary, Archdiocese of Changanassery for IV year Seminarians by IInd Year M.A. Clinical Psychology students.
- ✘ Motivational Awareness And Accompaniment Programme including class, counselling, group therapy at Denahalaya for seminarians from Archdiocese of Changanassery, Diocese of Kottayam and CMI Congregation.
- ✘ Public speaking skill programme for all the students to be more confident and also practice in social skills.



### Thank you

for the good times  
and sweet memories  
that we shared together  
wish you a  
**Farewell**



**Rev Sr Liz Mary SABS**  
Administrator 2019-2021

## CONVOCAATION CEREMONY

The convocation ceremony for the 2020 batch was held at Fr Thomas Thyparambil Hall, at Denahalya, Punnapra on 26th April 2021. The ceremony started with a welcome address by Fr. Tijo Pathalil. Esteemed dignitaries were there on the dais. Students and faculty members attended the function. The dignitaries on the dais included Chief Guest and Speaker His Grace Mar Joseph Perumthottam, Metropolitan Archbishop of the Archeparchy of Changanacherry, Rev. Dr Manuel Joseph. The function went on with 'sharing' by First year and Second year diploma Students.

The Convocation address was followed by prize distribution by the dignitaries on the dais. Fr Augustine thanked the dignitaries and faculty for their presence in making the ceremony a success and wished the graduates a wonderful life journey filled with success and learning. Refreshments were served to one and all. The graduation Ceremony closed with immense joy which is sure to inspire the students to achieve great heights.



## OUTING

Director Rev. Fr. Tijo arranged an outing for the community to Alappuzha beach and also a trip in the house boat. Everyone was very much excited about the trip as it involved a lot of new experiences and fun. Visit to Kainakari, the birth place of St. Kuriakose Elias Charva was also a spiritual experience.



Outings were opportunities for the members to participate in fun and also to grow in areas like communication and collaboration. These gave relaxation, promoted creativity, and helped overall productivity. On one occasion, our

